



**WELCOME TO VILLA ATHENA**  
**LINDOS**  
**RHODES ISLAND GREECE**

**Villa Athena 2- Psaltos, Lindos**

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## VILLA ATHENA

Villa Athena consists of 3 floors and has 6 double bedrooms. All bedrooms are air conditioned and have bathrooms on each floor.



### Facilities include

Gardens surround the villa which over look the beach. The villa has its own private infinity pool for sole use of the occupants

- American fridge freezer
- Dishwasher
- Microwave
- Washing machine dryer
- Toaster
- Baby cot
- Double car space
- 6 stylish sun lounges
- outdoor table to accommodate 12 people
- plasma TV and stereo DVD
- internet

*Enjoy your stay*

### Useful telephone numbers

Villa Athena management: **Alex Silvestros** who can be contacted in business hours or emergencies on the following numbers

Mobile number (+30) 22440 48203

Home (+30) 22440 48203

Rhodes Hospital (+30) 22410 80000

Rhodes Police (+30) 22410 23294

Rhodes Port Police (+30) 22410 22220

Rhodes Tourist Office (+30) 22410 23655

Fire 199

Ambulance 166

Lindos Port Police (+30) 22440 31201

Lindos Police (+30) 22440 31223

Lindos Post Office (+30) 22440 31201

Local doctor Lindos (+30) 22440 31224

Local Taxi

Airport (+30) 22410 88700

### Local Shops and Facilities

The most convenient place to shop locally is PEFKOS (turn right at the bottom of the hill). All shops and facilities are open everyday in the season. There is a bakery and supermarket on the left as you descend into the village.

**LINDOS** (turn left at the bottom of the hill) has Bank, Post Office, Doctor, Police and all tourist facilities.

**KALATHOS** (past Lindos and down the hill toward Rhodes) has a large supermarket (Flevaris – next to the Lardos turning). Further into the village , there is a butcher, baker , fruit and veggie shop and petrol station.

There is a private (English speaking) dentist above Flevaris supermarket for emergencies, **Elena Kourou: 22440 32024** and the closest paediatrician is in Archangelos, **Spiros Sotiris: 22440 23759**

## Villa Athena Lindos



Welcome to Villa Athena. We are situated on the Greek island of Rhodes in the next bay to the quaint historic village of Lindos. Lindos, which is located 50 km southeast of Rhodes town, has a population of 1,000 people. It is one of the most interesting archaeological sites in Rhodes and it attracts thousands of visitors from all over the world. With a maze of narrow cobbled streets and white washed houses that seemingly cling to the hillside that's topped with an Acropolis, Lindos is one of the most visited and photographed areas on the island. A preservation order ensures that the village is not subject to change, and the narrow streets ensure that the only traffic you'll see is a donkey. It is very well known for its Acropolis of Lindos and it is the birthplace of Charis the Lindios, architect of Colossus of Rhodes. Just like the Old Town of Rhodes, it was declared as a monument for preservation and therefore it has managed to maintain its old tradition and style.

In order to make your way to the top of the Acropolis itself, you can take advantage of the donkey taxi service, however it's not recommended on the way back down as they have been known to race back knowing that they get fed and watered! Definitely worth a visit, the Acropolis is where you'll find the remaining Doric columns of the Temple of Athena Lindia and you'll be able to take photos of the surrounding area from the highest point. On the way up you can also admire and photograph the stone carving of a Hellenistic ship which was the work of the sculptor Pythokritos in the 2nd century BC, and is thought to be almost life size.

On the sandy beach of Lindos bay, you can relax and enjoy the sun all day long or if you are the active type of person there are plenty of water sports, from water skiing, to banana riding, jet skiing and paragliding. In the evening, you can sample all the Greek specialties offered by the numerous tavernas that are lined up along the beach front.

## LINDOS



### FACTS ABOUT EATING OUT - BARS AND RESTURANTS

Eating out on Rhodes, as well as throughout Greece, is a great pleasure, a way of life. Breakfast is light; lunch is eaten in the early afternoon. Dinner usually doesn't start until 10 p.m. A restaurant is more than a place to have a bite before the evening entertainment, very often, dinner is the entertainment. Whether in a small taverna or in the most elegant restaurant, Greeks take their time over food. It's much more than only moussaka, tsaziki and Greek salad. Try the mouth watering selection of Rhodian dishes and specialties. Rhodes is a paradise for tasty food. All lovers of good food will be satisfied.

The most traditional way to have a drink or a snack, is the **Kafenion**, a cafeteria (not serving cake), full of Greek men (only men) sipping Greek coffee, playing cards, or tavli ( backgammon) and of course, putting the world to right. Here you can order coffee, beer, refreshments. Sometimes there are snacks available.

Another traditional way of eating out is the **Ouzerie**, a mixture of bar and Taverna. Resulting in the habit that most of the Greeks don't drink their Ouzo, Souma (two spirits, which the Greeks drink before, during and after a meal), or Retsina (white wine), the most traditional Greek drinks, without eating at least a bit.



In Ouzeries you'll get more or less only mezedes, and seasonal dishes. Mezedes are a selection of dishes and appetizers, which are ordered and placed around the table for everyone to help themselves. For sure, a Greek salad and a tzaziki is a must. To help you enjoy the delicious Greek food, here is a list of the most important appetizers (Mezedes): taramoe salad (fish roe spread), melizanosalata (Eggplant salad), olives, dolmades (stuffed vine leaves), keftedes (meatballs), kalamaraki (squid), saganaki (baked Feta), tiropitakia (small cheese pies) or fasolia (white beans).

The next ways of eating out are the **Tavernas**. The more comfortable and classic variation for Greek eating places. Here you'll find Mezedes as an appetizer. As main dishes you'll find an emphasis on grilled fish or meat. Most of the tavernas are specialized, either on doing meat or fish on the grill.

Fish tavernas are called **Psarotaverna** . Here you'll find also the delicious dishes, made in the oven or in a casserole, such as mousaka (eggplant, potatoes and tomato sauce topped with cheese), pastichio (macaroni with béchamel and tomato sauce), gemista (stuffed peppers and tomatoes), sousoukakia (meatballs in tomato sauce with lots of garlic) and stifado (meat with onions in a sauce). Typical Greek tavernas often present tasty local dishes and somewhat inexpensive checks. Don't be afraid to enter the kitchen to choose your own meal, it is a custom.

The third way are the **Estiatorios** (restaurants): Here it is a little more formal and sometimes more expensive, than in tavernas. Restaurants serve a wide range of Greek and international dishes. Greek cooking usually uses fresh and wholesome ingredients, lots of local olive oil, onions, a wide variety of herbs, spices and, of course, garlic. This makes the Greek kitchen so healthy.

The locals are especially fond of fish and sea-food. Fresh fish is the most expensive meal on Rhodes. If you go out to eating fish be aware that it's mostly sold by weight. In the menu you'll find the price per kilo. But even if it's a little more expensive, you should not miss it. The best lamb and goat meat you'll find in the small mountain villages. The most common way of Greek cooking is on charcoal grill. Pork, veal, beef, chicken, lamb, goat and fish are dusted with herbs and laid on a griddle over the charcoal. Chips, salads and vegetables accompaniment, as you know at home, are a rarity and are mostly served as a side dish.

Usually in Greece, food is served not as hot, as you know it from UK or Eire, because Greeks usually don't like hot food or preheated plates. Rhodes is also very popular for its mouth watering desserts: Yoghurt (made from goat or sheep milk) or pancakes with honey (honey from Rhodes is the most delicious), as well as for its sweet pastries, like Baklavas and kataifi both made of thin layers of pastry, filled with crushed walnuts or

almonds and covered with lots of sweet syrup or honey. After food, you should not forget about the world famous Greek coffee. It is similar to mocca. It's served often accompanied by a glass of water, in case you're thirsty. There are three different ways to drink it, sketo (no sugar), metrio (with a little sugar) or gliko (sweet).

And last but not least is the Rhodian wine, which has been popular since ancient times and is still known for its good taste. The wineries and distilleries of the island produce exceptional wines from vineyards that benefit from the unique sun and the fertile earth of the island. The pioneers in the production and bottling of Rhodian wine are the companies CAIR and EMERY which are absorbing more than 90 % of the local grape production.

Keep in mind that the **service charge is not included in the bill** and it is up to the customer to add a tip if he felt the service was good. You're hungry now, you'd like one of the mouth watering dishes? **Kali Orexi!**

Lindos was once a very prosperous fishing village and you can still enjoy an excellent lunch or dinner there with a choice of beachside or rooftop venues and the pretty bay of St Paul's is definitely a must for a swim in the cool clear water. The atmosphere changes completely at night time, and Lindos really comes alive with its cafes bars and clubs, however there are also some little quiet romantic venues to be found with lovely views across the sea

## **RESTURANTS AND BARS IN LINDOS**

### **MELENOS \*\*\*\*\***

#### **LOCATION: Lindos town**

In our view the best restaurant on the island and an absolute must whilst staying at Villa Athena Lindos. Owned by Michalis Melenos this truly exceptional small boutique hotel is part of the small luxury hotels the world collection. Melenos is surrounded by fine examples of traditional architecture and small winding streets. Personal attention, magnificent sea views, quiet corners, superb food and the historical backdrop of the Linden Acropolis makes this the perfect place to unwind and relax. Rooms are very spacious and filled with artefacts from Turkey and Greece with Ottoman and Venetian influences. Private terraces, cobblestone Rhodian flooring, small gardens, a good collection of books and cheerful personnel add to the special ambience. The open air a la carte restaurant over



looks lindos bay and village and the food is nothing short of fantastic and recommended by Conde Naste traveller, enjoy! Bookings essential phone (+ 30) 2244 0 32222.



### **Museum Bar**

At Museum Bar you will find the perfect combination of historical Lindian architecture coupled with the latest technology in "Plasma Screens" featuring all major sports events live via satellite. During the daytime we offer a wide variety of international breakfasts, salads and snacks and serve the finest quality of coffee and espresso. At night we take pride in our DJ's excellent choice of music. We offer a wide selection of draught and bottled beer. We have a reputation for our sangria but we'll let you decide. As for our mixed drinks, cocktails and shots, you name it and we'll make it. So come, sit back, relax, and party into the early morning hours with us!



### **Hotel Mare**

This secluded, boutique hotel is built on many different levels on a sun-kissed hillside with panoramic views of beautiful Vliha Bay, only 2,5 kilometres from the picturesque village of Lindos. Definitely worth having *lunch* as the views are divine. The sandy beach of Vliha which has been awarded the blue flag, offers excellent facilities to those guests who prefer to swim in the sea or do water sports.

#### **Village café – Lindos town centre**

Freshly baked bread, croissants, Danishes, brownies, cookies, cakes and pie. The finest Mediterranean cold cuts cheeses and delicacies. Salads and wraps and sandwiches made to order. Fresh Rhodian ice cream, frozen smoothies and speciality coffees.

**Sinatra's bar and restaurant in lindos town-** run by an English lady tucked away in the captains house. Delicious food and a cosy atmosphere. Highly recommended  
**Telephone** (+30) 22440 31741

**Rainbow bar –** on the road to lindos small beach Rhodes

**Telephone** (+30) 22440 32169

**Ambrosia-** in Lindos Town, (if you get bored of traditional food). Has excellent fish.  
**Agoustinos** beautiful view from the roof top terrace overlooking the acropolis at the top of the hill as approach lindos. The people who run this restaurant are related to the people who run Filosofia in Pefkos, which is excellent.

**LINDOS MEMORIES HOTEL and ACQUA GRANDE –** situated across the road from villa Athena – smart hotel bars and spas but expensive



The calmness of the imposing rocks of Navarone - where the homonymous movie was shot - and the dancing of the Sunlight creating on them rich colourful alternations, predispose you for carefree holidays in the sublime and so unique landscape of the Lindos Memories Hotel. An ideal place not only for holidays but also for relaxing and jaunts to the famous Knights' Rhodes as well. Built in the traditional Italian way with arches and different levels,

with stone and wood, **Lindos Memories** promises lots of smile, comfort, wonderful view, warm hospitality, very good food and exceptional service.

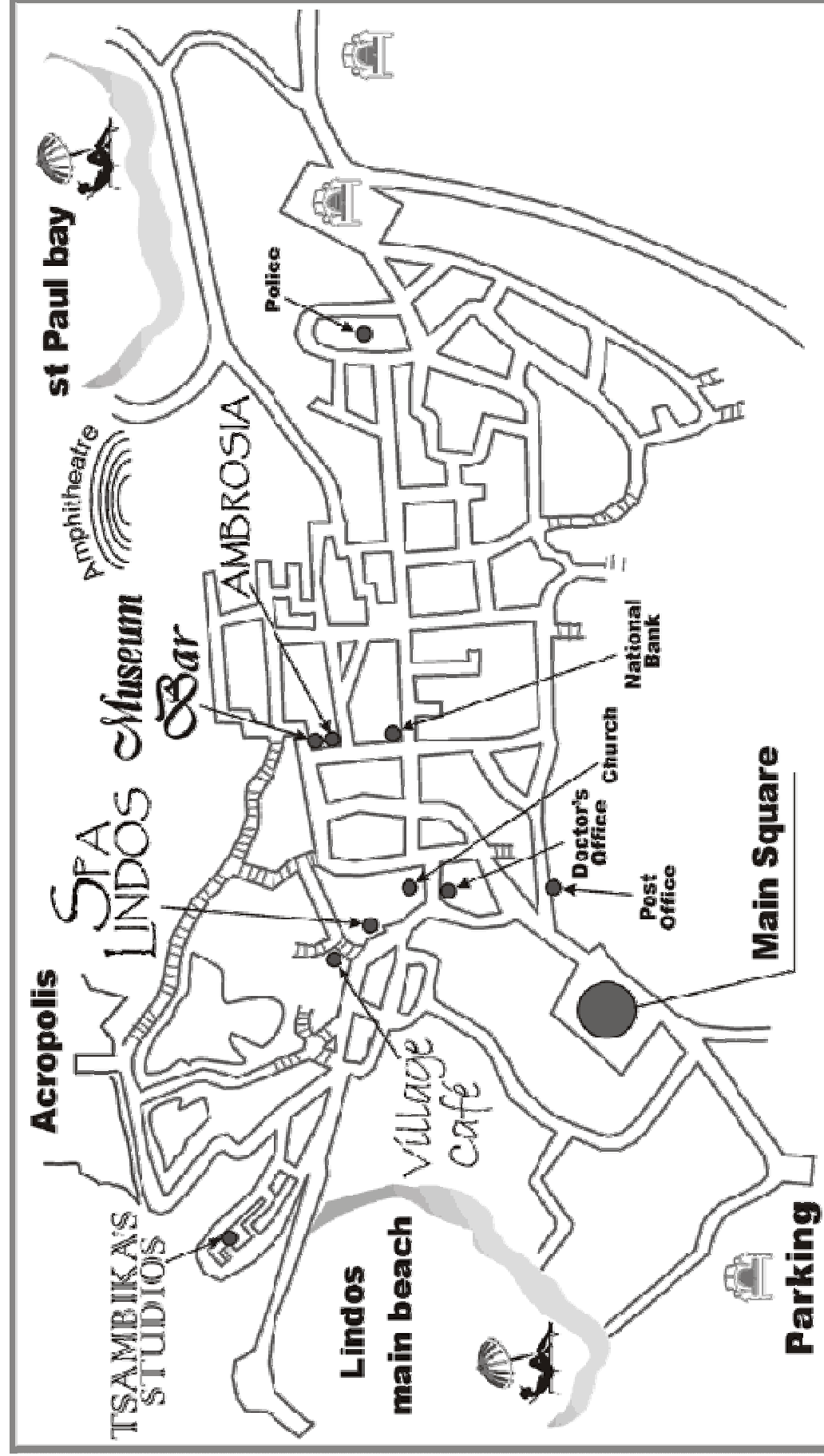
**LINDIAN VILLAGE – boutique hotel \*\*\*\*\* Lardos 85109    highly recommended**

Located on the idyllic beach of Lardos on the south-eastern tip of the island. From the city of Rhodes follow the road to Lindos. 4.5 kms before you reach Lindos, turn right and follow the road towards Pelonas and Lardos villages. On the following junction take the road to Pefki. Lindian Village Hotel Rhodes is located slightly off Lardos towards the coast.



The hotel has a main restaurant, a Greek restaurant, a Thai restaurant, a fish and oyster restaurant and finally a pool restaurant serving light snacks and drinks. It also has a great bar. Definitely worth visiting.

In the town of **Pefkos** there is an abundance of restaurants and bars. We would recommend **Philosofia** – beautiful setting, very unspoilt and also overlooking the sea. The food is delicious and the staff are great. We have also had friends recommend **Kavos** – which also overlooks the sea.



## ABOUT RHODES



Rhodes Island is situated in the South Aegean in the Mediterranean Sea and is the third largest of the Greek islands. Being at the crossroads of two continents, Rhodes combines the worldliness of Europe with the mystery of the Orient in an atmosphere that is truly fascinating.

Discovering Rhodes you will see Greek Ancient cities, the Medieval Town with its castle, charming small villages and sun drenched beaches.

But Rhodes is more than that. It is one of the most developed islands in the Mediterranean and it provides its visitors with every holiday amenity including large and modern hotels of international standards, yachting harbour, entertaining night life, casino and sports facilities.

The airport of Rhodes is international with direct flights to major international cities and other Aegean islands.

Throughout the year a number of artistic events take place on the island including the "Sound and Lights" performances at the Palace of the Grand Masters, Greek tragedies and folk dances at the Medieval Theatre.

Having always been a magnet for visitors, Rhodes is considered all over the world as the real holiday paradise, an island which mixes the historical interest with the cosmopolitan way of life as well as the natural beauty and the perfect climate. With 300 sunny days per year the island holds the Greek sunshine record. Its remarkably rich legacy in archaeological treasures and developed tourism infrastructure make Rhodes more attractive than any other vacation or meeting place of the world. Rhodes, after all, boasts all the ingredients to be an unrivalled incentive and meeting destination. It is the ancient, traditional, cultural and scenic characteristics which place it virtually in the top position.



## THE OLD TOWN RHODES

The Old City of Rhodes with a population of 6,000 inhabitants is surrounded by medieval walls with seven gates: Gate of the Naval Station, Gate of Agios Ioannis, Gate of Agia Ekaterini, Gate of the Apostle Paul, Gate of Amboise, Gate of Agios Athanassios and the Gate of the port.

To enter any of these gates is to enter another world. Now it happens to be **a world of tourist shops, restaurants, cafes and museums, more like a Turkish bazaar than any Greek city**, but anyone with imagination can't help but be touched by the history of the place where a handful of Knights were the last Christian holdouts in a part of the world that had become completely dominated by Muslims, in particular the Ottoman Turks. When the city finally did fall after a siege that exhausted both defenders and besiegers the remaining Knights were offered safe passage and on January 1st of 1523 left Rhodes along with 5000 of the Christian inhabitants of the



island who chose to leave rather than live under the Sultan. In the defence of the city 2000 Christians had died. The Turks had lost 50,000 trying to take it. This is not, however just an old town filled with ghosts of the past. The old city of Rhodes is a living, vibrant community with many homes and business, not all of them connected to tourism.

**The Medieval City** was divided into three parts: the northern part included the Acropolis of the Knights and the Palace of the Grand Master while the southern part include Hora, where the commoners lived. The Jewish Quarter is the third section and the least developed commercially in terms of tourism and is mostly residential, though the Hora is also residential mixed with bars, restaurants, cafes and shops.

As you enter the city either from the commercial harbour through the Gate of Navarhou or from the new town through the gate of Eleftherias you see the remains of the 3rd century temple of Aphrodite, and behind it is the Lodge of the Knights of Aiberne, built in 1507. Today the building houses the governor's office. Next to it is the Lodge of the Battalion of England and the first hospital of the Knights, which was built by the Grandmaster in 1440, which today is the Library of



the Archological Society. The 'New' Hospital houses the town's Archaeological Museum which is impressive not only because of the large number of relics but because the building itself is so monumental and has been the Archaeological museum since 1916. Don't miss the beautiful Aphrodite of Rhodes (like I did) which is contained in a small room that I somehow didn't see. The problem with the old city is that after awhile you have seen so many antiquities that your mind goes numb and you wander around like you are in a daze. For that reason I suggest not trying to see it all at once and to plan your trip so you spend a little extra time in Rhodes than you would on an island with less to offer. The most beautiful and interesting part of the Old City for me is the street of Knights, the most important street of the medieval town. The street is completely restored or preserved beautifully, and is lined by the buildings where the holy warriors spent their time in prayer or military practice though it is hard to imagine this going on simultaneously unless you have ever visited the West Campus residence halls of Dule University. The Street of the Knights stretches from the New Hospital-Archaeological Museum to the Grandmaster's Palace where the Lodge of the Battalion of France, one of the most beautiful buildings on the island, stands. Next to it stands the chapel of the same name with the beautiful statue of Virgin Mary and the holy infant

The nearby church of Agios Dimitrios is built upon the ruins of the ancient temple of Dionysus The Palace of the Grandmaster is the single most impressive site in Rhodes if not all of the Dodecanesos and the interior is no less awe-inspiring than the formidable outer walls. Within the enormous castle are relics from the medieval period as well as ancient sculptures and beautiful 1st century floor mosaics which were brought to Rhodes from the island of Kos. For the people of Kos I



would be surprised if this is not their version of the Elgin Marbles and as that island's fortunes fall there may be a movement for their return. **A walk through the castle** will take about an hour and will bring you through several thousand years of history. There is a medieval snack bar that makes decent coffee and has pastries and sandwiches which is a good meeting place for people who go through museums at different speeds. (I was there for an hour before my wife showed up).

If you want a Birdseye view of the city go to the **clock tower** where for 4 euros you can climb to the top and trade in your ticket for a drink at the bar when you come down. This building, like many of the buildings in the Old Town is owned by a Turk and the Greek who rents it financed the restoration himself. Rhodes, which was not a part of Greece when the exchange of population between Greeks and Turks took place after the Asia Minor Disaster and fall of Smyrna in 1922 (It became part of Greece in 1948 after having been Italian



since its capture in 1912). Because of this there are many Turkish people living in the old city, though they are considered *Greeks of the Muslim Faith* rather than Turks.



Orfeos Street is a wide road with tourist shops and restaurants near the Gate of Saint Anthony, the Grand Master Palace and the Suleiman Mosque which connects with Socratous street, another **main shopping** street of the old town. This becomes Aristotelous street when you get to Ippokratous Square which seems to be the commercial center of the town. Aristotelous leads to the Jewish district and the square of the Hebrew Martyrs, the 15th Century Byzantine church of Agia Triada, and Panagia Horas, the largest church in Rhodes. When Suleiman the Magnificent finally took the city they kicked the Greeks out and only the Turks and Jews could live within the city walls. If I had been able to kick the tourists out of the square I could have taken a photo of the monument.

The **Turkish Baths** on Platia Arionos alternates days for men and women. If you want to experience the pleasures of a real Turkish Hammam without going to Turkey then this is one of the few places in Greece you can do it. I happened to come on the woman's day and didn't need a bath the following day since I had taken a great shower at the hotel. If you are thinking Saint Marks Baths, as in NYC, they are not like that, nor are they like the mineral baths of Lesvos.

The Old City of Rhodes, which incidentally is a **World Heritage Site**, is in my opinion after the Acropolis of Athens and the Volcano of Santorini, the most impressive place in Greece. To wander through the medieval city, whether it is with crowds of tourists or in the off-season when they are gone, is one of life's treasures and I can't imagine someone visiting here and not wanting to return. The



old city is closed to automobile traffic though the occasional motorbike manages to get through and there are automobiles in some areas, though the narrow streets and cobblestones make the going slow and pedestrians are safe. The main streets and thoroughfares are full of shops and restaurants but the back streets are mostly residences, particularly in the Jewish Quarter where life goes on as if nothing is going on a few blocks away where giant cruise ships unload their passengers for a day of shopping and sightseeing.



The walls of the city were a work in progress for the 200 years the Knights ruled the island. Severely damaged in the first siege they were rebuilt bigger and stronger by Grande Master d'Aubusson after the siege of 1480. The walls are 12 meters thick and the moat more than 21 meters wide. The length of the walls is about four kilometres and each section was defended by one of the *Langues* or *tongues* which corresponded to the languages spoken

where the particular group of knights came from. The *Langues* were England, Germany, France, Auvergne, Province, Italy, and Castille-Aragon. The leader of each tongue reported to the Grande Master. The entire area outside the walls is a green park of shade trees and flowers and the moats now have green grass and paths through them instead of water. A couple times a week there is a tour of the city walls and fortifications. But leaving through any of the gates and walking around the old city will give you an idea of just how impressive and formidable it was to the Turkish soldiers trying to take it.

There are two ways to approach exploring the old city. You can wander around aimlessly and stumble upon its treasures and figure out what you saw later or you can invest in a map. Having done the first I recommend the second. Much of the stuff I saw I had to figure out what it was by finding it on a map and reading about it long after I had left the island. There are a couple hotels in the old city though getting a taxi to take you to the door is difficult because of the narrow streets. There are a number of good restaurants and more than enough fast-food places.

## THE COLLOSSUS OF RHODES

**One of the 7 wonders of the world**, the bronze statue built by Chares of Lindos called the Colossus to commemorate the Rhodian triumph after the siege of Dimitrius the Besieger in 305, using the money they made by selling the siege equipment he left behind to pay for the material and labour which took 12 years to complete. Though the most popular image of the 31 meter tall statue is straddled across the entrance of the harbour with the ships passing beneath it, it is more probable that it stood on dry land somewhere close to where the Grande Master Palace is now. Regardless of where it stood, it did not stand there long because 66 years after it was built it fell in the earthquake of 266 BC. Fearing it was cursed they never rebuilt it but the statue lay where it fell for eight centuries. When the Arabs captured Rhodes in 653 AD they sold it to a Jewish merchant who they say needed 900 camels to take it away.

## BEACHES of RHODES

Make sure you make time to explore the entire island of Rhodes. There are some beautiful and secluded beaches that you will definitely fall in love with!

### St Pauls Bay



800 metres from the chalet , with a small café ; a favourite

On the other side of Lindos is a busier beach where it is possible to water ski or take a trip on a boat including a glass bottom boat – a favourite with our small children and there is a restaurant with great calamari just in front of where the boats go from.

### Tsampika BEACH

26 Km from Rhodes town it is known as the golden shore. One of the most beautiful beaches, located before the village of **Archangelos** golden sand and dozens of colourful little flags marking out the various eating establishments.

Water sports are available at the centre. Apart from these, and a mini-market next to the bus station ,there is absolutely nothing else here-nothing except crowds of people of all ages and nationalities, who come to swim in the emerald crystal- clear water and admire the imposing rock with the Monastery of the Virgin of Tsampika, from which the beach has taken its name.

The Virgin of Tsampika is said to work miracles and young women having difficulty in conceiving often pray for her aid. If their prayers are answered, they name the child after the Virgin. The hilltop monastery takes the name from the sparks which lit up the sky when an icon from the church on CYPRUS miraculously materialized in Rhodes

### **Prasonissi BEACH - The paradise for surfers**

Prasonissi Beach located:

92 km from Rhodes town

40 Km from Lindos



Everybody is surfing! The World Windsurfing Championships also take place here drawing the interest of many visitors. Waves to the right, calm sea and shelter from the wind to the left-and surfers everywhere! One of the most impressive beaches on the island and can be found at the southernmost end of the island. People travel from all over the world to wind and kite surf here. This is serious stuff and definitely worth a visit even if it's just to watch. All equipment can be hired at the beach as well as courses on kite and windsurfing.

Two sandy coves ending in an island that you can reach on foot or by swimming, depending on the weather and the level of the water. This is a paradise for surfers, especially in July and August when the meltemi winds set in.





It's worth a visit even if you're not a surfer yourself you can always sunbath ladies or simply enjoy the magnificent landscape and admire the skill of the wind surfers.

All the houses offering rented rooms also operate their own tavernas. You can see many Locals enjoy their ouzo around the tavernas and watch the crowds.

### **Kalathos BEACH**



Kalathos Beach located 50 km from Rhodes city, 65km from the airport of Rhodes island. There are a few Hotels and vacation rentals apartments near the beach and some of them located at Kalathos Village. Kalathos beach is lovely and only 7km from Lindos Village.

### **Glystra BEACH**



The beach of Glystra located after the village of Lardos has beautiful white sand and crystal blue water . It also has plenty of sunloungers with umbrellas to hire

## THINGS TO DO

### Aquarium and Museum

Hydro biological station of Rhodes. Opening Hours Daily April 1st -October 31st 09:00-20:30 November 1st -March 31st 09:00-16:30 The Aquarium is located in the basement of the Hydro biological Station. It offers the visitors the chance to have a close up view of the marine life of the Eastern Mediterranean, providing the impression of being underwater.

### Bee Museum

Visit the bee museum unique in Greece and see bee's amazing world in transparent observation hives learn everything about bees and their valuable products: Honey, pollen, wax, propolis, and royal jelly. 5 Km Faliraki (Tsairi).

### Scuba Diving IN RHODES

Boats depart 09:00 from Mandraki Harbour and sail to Kalithea bay, a beautiful picturesque bay, where the once famous Health spa operated. We spend the day there diving and return aprox. 16:00-17:00 back to Mandraki Harbour.

Diving in Rhodes is controlled by the Archaeological department and the only possibility for diving is in Kalithea bay.



Average sea temperatures:

Jan - March 14 - 16

April - May 16-18

June - Sep 18-26

Sep - Nov 26-18

Average Sea Depth in Kalithea bay:

a. Courses: from water to stand up in till 22 metres

b. Discover scuba: 1st dive 4-5 metres

2nd dive up to 8-9 metres

c. Certified divers: from 10 - 22 metre

### **Acropolis of Rhodes**

The Rhodes Acropolis dominated the western and highest part of the city. It was not fortified like most ancient acropoleis. It consisted of a monumental zone with Sanctuaries, large temples, public buildings and underground cult places. The buildings were built on stepped terraces supported by strong retaining walls. It was "full of fields and groves", in the words of the 2nd c. AD orator Aelius Aristides. The style of the Hellenistic architecture on the Acropolis of Rhodes was perfectly conveyed by the combination of natural beauty and artificial transformations. The buildings on the Acropolis date to the Hellenistic and Late Hellenistic periods (3rd-2nd c. BC).

The excavations were carried out by the Italian Archaeological School during the Italian occupation of the island (1912-1945). From 1946 onwards the Greek Archaeological Service conducted excavations which added to our knowledge of the history and topography of the place. The whole of the Acropolis has not yet been excavated. An archaeological zone of 12,500 m<sup>2</sup> has been excluded from contemporary building with the intention of continuing excavation works to uncover the splendid ancient city of Rhodes.

There was extensive reconstruction during the Italian occupation in keeping with the spirit of the time. From 1946 onwards the Greek Archaeological Service carried out restoration work in the area of the Temple of Pythian Apollo, which had suffered considerable damage from bombing in the 2nd World War and from the weight of the artillery that had been installed there. During the 60's and 70's there was reconstruction work to the west foundation of the same temple and in 1996 further reconstruction was carried out on the temple and the Nymphaia.

The most important monuments in the archaeological zone are the:

**Temple of Athena Polias** and Zeus Polieus on the northern edge of the Acropolis. It is orientated E-W and was a poros Doric peripteral temple (having a columned portico on all four sides). Four oversize column drums and parts of a capital and architrave still to be seen on the site are an indication of its original monumental character. This was where the Rhodians kept the texts of their treaties with other states. The temple stood in a larger temenos bounded by a stoa on the east.



**Nymphaia"** . This is to the east and south of the wall of the stoa. It consists of four subterranean cave-like constructions cut into the rock with entrance steps, communicating passages and a large opening in the central part of the roof. There are recesses in the interior walls for statuettes. Water cisterns and lush vegetation complete the picture. They were places for recreation and worship.

**Odeion** . Northwest of the Stadium is a small restored marble Odeion. It held some 800 spectators and is thought to have been used either for musical events or for attending lessons in rhetoric given by famous Rhodian orators.

**Temple of Pythian Apollo** . This stands on the southern part of the hill, on the west side of a large rectangular terrace. It is orientated E-W. It was a poros peripteral temple, but smaller than that of Athena and Zeus. Part of the NE side had been restored with four columns and part of the architrave.

**Stoa building** . Today the foundation wall of a Stoa is preserved, which must have had an imposing facade visible from the lower town and harbour.

**Artemision** . On the NE side of the same terrace are the ruins of other places of worship, one of which is attributed to the cult of Artemis.

**Stadium** . The Stadium, with a N-S orientation, is on the SE side of the hill; it was excavated and restored by the Italians. It was one stadion in length, namely 600 feet or 210 metres. The authentic original surviving parts are the sphendone (rounded end with turning post), proedries (seats of officials) and some of the lower seats in the auditorium. Also preserved is the starting mechanism for the athletes.

**Gymnasium** . This is east of the Stadium. Part of the west side was uncovered in the past, and recently the NE corner was discovered under the modern refreshment pavilion. It was a large square building measuring some 200 m on each side. It was important for the works of art which it contained.

**Library** . There used to be a fine Library containing notable works of rhetoric, near the Gymnasium and the Odeion, according to an inscription found in the area.

### **The Rhodes Farm**

The Rhodes Farm invites you to the wonderful world of the animal Kingdom. Get away from the city life and experience the outdoors and nature by strolling through the lovely scenery, observing countless rare birds and animals.

## Water Park Rhodes



The Water Park is the biggest in Europe and the first to arrive on the island of Rhodes. Located in the island's most popular resort in Faliraki. The Water Park, situated in the centre of the coastal street is easily accessible from all surrounding areas. The Water Park will offer remarkable and spectacular rides, unique splash pools and water slides.

Visit their website here [www.water-park.gr](http://www.water-park.gr)

The **Valley of the Butterflies** is worth a visit and though their numbers are declining due to the impact of tourism on their habitat, they are still impressive.

The Valley of the Butterflies of Rhodes located 20 km from the airport of Rhodes, and is near by the Village Kalamonas.

This is a lush green Valley, with a small river running through it. The site is beautifully arranged, with little wooden Bridges, stone steps, and an uphill path which leads to the Monastery of the Virgin of Kalopetra.

At the entrance of the Valley, there is a small souvenir shop. The Valley of the Butterflies is a unique natural Park, where each Year from June to September, thousands of multi-coloured butterflies appear.



The Park is a nice place to walk, under the shade of the trees. The characteristic scent of the pine resin, which attracts the butterflies ,the coolness from the abundantly flowing waters ,make this a small paradise even during the hot days of the summer.

Just a few minutes away you can visit Panagia Kalopetra ,where are wonderful views and picnic tables

Open daily 0900-1800

## SPORTS

The island is ideal for a range of activities covering all tastes and age groups from go-kart tracks, cycling, mini football and squash to diving, water sports, horse riding, tennis and golf to mention but a few.

**Windsurfing and kite sailing:** Prasonissi Beach located: 92 km from Rhodes town  
40 Km from Lindos

**Go-Kart tracks:** In operation at Faliraki, Damatria and Lardos.

**Bowling:** There are modern bowling centres where local champions leagues are organized. While playing one can also enjoy a coffee or drink.

**Diving:** Due to the fear of antique smuggling diving is only permitted with organized by special scuba diving schools in the sea area around Kallithea. Daily outings are organized with lessons and certification.

**Water sports:** At many beaches around the island there are organized water sport centres where one can take lessons in surfing, catamaran, sailing, parasailing, jet skiing, pedalo, canoeing and extreme sports. The World Windsurfing Championships also take place on the island drawing the interest of many visitors.

**Extreme sports:** If you want to get your adrenaline going try bungee jumping at Faliraki or at New World Bungee and Aquarius Euro-Bungee All operate in accordance with the legal safety requirements and are supervised by trained staff.

**Camping:** There is one campsite on the island at Faliraki which has all the amenities to guarantee you a pleasant stay.

**Water Park:** Impressively large with a wide range of rides, the water park is built amphitheatre-like on the side of hill above Faliraki beach. Apart from traditional rides like slides, lazy river and black hole it also has a rafting slide, giant slide, aqua gym, lifeguards, a bar and restaurants.

**Horse riding:** You can hire horses for riding near the village of Pastida and Ialyssos on the western side of the beach.

**Tennis:** Rhodes Tennis Club lies on the road from Rhodes to Kallithea in the Karakanero area. It covers an extensive area and is ideal for fans of the sport.

**Cycling:** Cycling is possible all over the island. You can hire a bicycle and enjoy your ride either in town or exploring the whole island.

The International Cycling Games organized each year during the first half of March are of particular interest.

Underwater fishing: There is an organized underwater fishing centre in the village of Lardos.

**Golf:** Afandou Golf Club - Rhodes Golf Club is located at Afandou Beach and belongs to the Greek National Tourist Organization. The area covers 550,000 m<sup>2</sup> and is an 18-hole course. Those interested in playing can hire equipment and clothing. There is also a refreshment bar.

**Mini Football:** 5 x 5 pitches can be found next to the Aegean University as well as the 2nd Km of the Rhodes - Lindos Road.

**Mini Golf:** Mini golf courses can be found all over the island primarily at the large hotel complexes.

**Paintball:** This is a harmless game of warfare. The only paintball part is at Kalythies on the road towards the village of Psinthos.

**Squash:** Fans of squash can enjoy their favourite sport at the major hotel complexes.

**Sailing:** Given that there are no beaches on Rhodes accessible only by boat, yachts are usually rented on Rhodes for longer trips to surrounding islands such as Halki, Symi, Kastellorizo, Kos, Nissyros, Tilos, etc. The marina is located at Mandraki and has all the necessary facilities.

**Beach Volleyball:** At quite a few beaches on Rhodes you can play beach volleyball on specially laid out courts. Each year the World Beach Volleyball Championships are held in Rhodes Town during the month of July

## **USEFUL HINTS**

### **Phone Home**

Most public telephones are now card phones. You will find several phone boxes in each village. Telephone cards can be purchased from supermarkets etc; the code for the UK is 0044 + the area code minus the first 0 and then the number

### **Post Offices**

The main office is opposite Mandraki Harbour in Rhodes town and opens weekdays until 20:00. stamps can be purchased from the post office and from all supermarkets and souvenir stores.

Open: 08:00 - 13:00 Monday - Friday

Post boxes are bright yellow and can be found outside every post office and in the center of most villages, stamps are also obtainable from most supermarkets and hotels.

### **Banks**

Numerous banks and cash points are scattered around the Island .

Open: 09:00 - 14:00 Monday - Thursday

09:00 - 13:30 Friday

Closed Saturday and Sunday

You should take your passport. Cash can be obtained of VISA at Commercial Bank or on Access at the National Bank. There are cash point machines outside most banks for cash with draws on most major credit cards.

You'll find banks in all towns and main resorts and all of them change money, travelers cheques and euro cheques supported by an euro cheque card. Some banks also give cash on major credit cards. There are also plenty exchange offices around the island (in rent a car, hotels, travel agencies). When changing travelers cheques don't forget to take your passport along. Most major credit cards are accepted in many shops, taverns and banks, but it is advisable to check first. The money on Rhodes is the Euro.

### **Time**

The Greek time is two hours ahead of the British time, so when it is 8.00 am back home, on Rhodes it's 10 am.

## **Pharmacies**

The majority of pharmacists speak good English and can prescribe remedies for simple problems. Identified by a green and red cross.

Open: 08:00 - 13:00, 17:00 - 21:00 Monday - Friday

08:00 - 14:00 Saturdays

Sunday's most chemists are closed.

## **Health Matters**

Beware of the effects of the strong Greek sun. Use a high factor sun lotion with UV protection and accustoms your skin to the sun gradually. Food hygiene on Rhodes is generally excellent. However, preparing food yourself, it is advisable to wash raw fruits and vegetables thoroughly as chemicals are often used in the cultivation process.

## **Medical contact**

Don't worry about the standard of medical care in Greece , it is good. Doctors here receive first rate training and as they do not have the same volume of patients as UK doctors are expected to deal with, you may even find you get more time and attention here. A visit to a doctor on Rhodes will require you to pay all bills in cash. Please ensure that you obtain receipts but you may be able to reclaim some of your cost against insurance. Please remember to take your passport on a visit to the doctor. In Rhodes town you'll find a generally efficient hospital.

## **Buses**

There is regular daytime bus service between the south and Rhodes towns, which takes approximately an hour and a half. Up to date time tables are posted at most bus stops.

## **Taxis**

Tel: (+30) 22410 64712, Taxis available throughout the day and evening. Please note the tariff is higher after midnight.

## **Car Hire**

Payless Car Hire (+30) 22410 82311

## **Petrol Stations**

Open: 07:00 - 19:00 (in high season they are usually open later)



## **Newspapers**

English and foreign language papers and magazines are available at newsagents and some supermarkets. Newspapers cost between 1.80 - 3.00 euros. Magazines are a little more expensive.

## **Electricity**

This is 220VOLT 50cycle A/C. You will not need to change voltage control on UK appliances but you will need to buy an adaptor if you have not brought one.

## **Shopping**

Shops are usually open early in the morning, but don't forget the siesta. Shops are open around 09:00 close about 14:00 and open again at 17:00 until 21:00 or 22:00.

## **Pumping**

Narrow gauge plumping pipes cannot cope with paper or sanitary products. So use the bin provided, rather than flushing them down the toilet.

## **Water**

The tap water is natural spring water. That means you can drink it without stomach trouble.

## **Mosquitoes**

A hot climate always attracts mosquitoes, so to prevent mosquito bites, buy a repellent plug that fits into the electric point in your room and/or use a repellent spray or equivalent. At night keep your doors closed and lights off, as they are usually attracted to light

## SPAS IN LINDOS

### SPA LINDOS

We offer a wide range of grooming, pampering, and relaxation for both men and women. Whether you come for a treatment or a five hour *Day of Relaxation* you will leave feeling refreshed and rejuvenated. All of our Spa services use Dermalogica products which are a blend of aromatherapy blends.

**LINDOS MARE SPA** – Part of the luxury hotels of the world

#### Telephone:

Situated in the Hotel Mare the Spa offers the following

**MASSAGE** - Swedish, relaxing, athletic, anti-cellulite,

**REIKE** – The ancient art and science of balancing the body's energy on a physical and emotional level

**PHYSIOTHERAPY** - The science that is treating musculoskeletal, neurological and cardio respiratory disorders.

### FACIAL TREATMENTS

*Deep cleansing* - Exfoliation, steam and cleansing of clogged pores, massage with a purified ampoule, appropriate treatment mask.

*Plantomer lift-off mask* - This cool, gentle mask treatment soothes, heals, strengthens and deeply hydrates, leaving skin tight, refreshed, vital and healthy with an exceptional glow.

*Optimal oxygenating mask* - Oxygen is vital for maintaining a healthy and youthful complexion. This activating treatment oxygenates the surface of the skin with phenomenal visible results.

*De-stress eye treatment* - Recommended for dark circles and wrinkles. Very rich in collagen, this treatment hydrates and rejuvenates the eye area.

*Youthful lip smoothing treatment* This revolutionary lip treatment offers retinal, boils oil and azaelaic acid to smooth, hydrate and renew the lip area.

*LIFT-6* - lift-6 offers a simple and effective workout that tones, strengthens and rejuvenates your facial or bust skin.

### BODY TREATMENTS

*Full seaweed body wrap* - Relax and luxuriate in steady warmth while your skin detoxifies and absorbs intense benefits from the rich array of minerals, micron zed vitamins and enzymes naturally abundant in seaweeds.-

*Green coffee body wrap* - an anti-toxin wrap with the ability to activate the gst enzyme that stimulates the elimination of toxins. It also activates lipolysis, breaking down fat, by hydrolyzing it. It's the most effective solution for treating cellulite.

*Moor mud full body wrap* - Rich in natural vitamins, minerals and enzymes, this unique natural black magma rejuvenates your skin, vanquishes aches and pains, brings a state of deep relaxation and wellness.

*Anti-stress aromatherapy body wrap* - A warm mixture of custom blended essential oils is massaged into the body. You are then wrapped to ensure the full benefits of the oils to moisturize your skin and their excellent anti-stress effect.

*Water lily* - Decreases skin temperature, decreases sensation of discomfort resulting from sunburn. This treatment is decongesting, soothing, healing and moisturizing.

*Body polish treatment* Eliminates dead and dry skin cells through gentle exfoliation, leaving the skin soft and hydrated. ideal for sensitive skin.

*Salt glow* Feel stress melt away as your skin is gently massaged using a blend of aromatic sea salts, mineral salts and essential oils to remove impurities, dead skin cells and stimulate circulation.

*Balneo therapy* Water therapies used to cure a variety of ailments such as stress, arthritis and circulation and employs mineral salt or purified water.

### **LINDIAN VILLAGE – Lardos nearest town**

11 kms from Lindos town is the beautiful Lindian Village. For those who want total relaxation, the Lindian Village is ideal. The resort spa has beauty treatments as well as Pilates and yoga classes, Tai Chi and belly-dancing, or just relax with a Turkish bath. It also has a fully-equipped gym which allows guests to work out in the open air.



